

# Preventive maternal care in Utah

Utah women ages 18 to 44 have one of the lowest rates in the nation of preventive medical visits for women of reproductive age (65.7% vs. 71.2% nationally).

Only 52% of Utah women had a regular health care checkup in the 12 months before pregnancy.

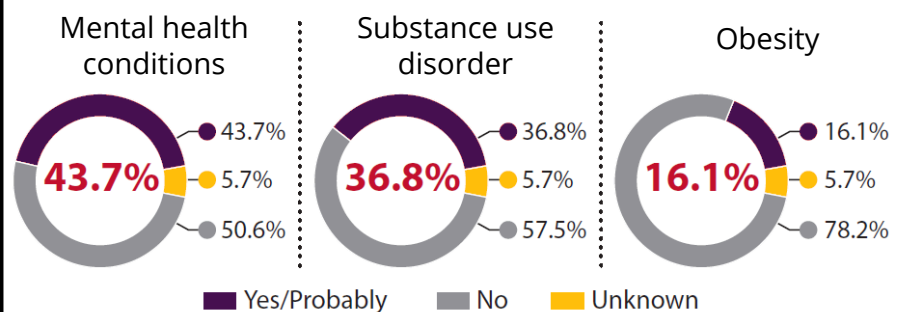
Physical and mental health conditions, along with barriers to care, disproportionately affect rural women and women of color.

Rates of pre-pregnancy risk factors like obesity, diabetes, and high blood pressure are higher in Utah's rural counties. These are conditions that can complicate pregnancy.

Poverty is also a concern:

- About 1 in 3 women ages 18 to 44 had a household income under 200% of the federal poverty level (\$32,150 for a family of four).
- This is more common for rural women and women of color.

## Common factors contributing to maternal deaths in Utah



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